

WALLINGTON HIGH SCHOOL FOR GIRLS

The Wallington Week

HIERS OF THE PAST, MAKERS OF THE FUTURE

Monday 14th October 2024

Message from the Headteacher

We are delighted to share some fantastic news with our school community. Wallington High School for Girls' 2024 exam results have placed us in the top 10% of schools and colleges nationwide for value-added progress!



But what does this mean?

Value-added progress is a key measure used to assess how much improvement students make during their time at school. Unlike simple grade performance, value-added progress takes into account the starting point of each student and measures how far they advance academically. This approach allows us to see not just the final results, but also how much progress students have made relative to their expected outcomes.

In essence, this award highlights the impact of our teaching, student dedication, and the supportive environment we foster here at Wallington. It's a recognition that, regardless of where a student begins their journey, our school consistently helps them exceed expectations and achieve remarkable academic growth.

Thank you to our dedicated staff, supportive parents, and, most importantly, our incredible students for making this achievement possible. We're excited to continue this path of excellence in the years to come!



Useful Links

Co-Curricular Activities

SOCs, the school's new online system for Co-Curricular activities, will allow your child to see all available activities but also allow you to view after school registers to see if your child is attending and in school.

Careers Noticeboard

For live updates on careers related opportunities please <u>click here.</u>

Current Vacancies

Click here for a link to our vacancies page

Upcoming Events

Oct 14th- Y7 Meet the Tutor

Oct 17th- Sixth Form Open Evening

21st Oct- 1st Nov- Half Term

11th Nov- KS3 Music Recital

We now have 21 teams from Years 9-13 who have signed up for the Wings of Hope Achievement Award – the charity is amazed that we have so many! I am very proud of all of the girls who have done this and look forward to them accessing mentoring, raising money and engaging in lots of volunteering. Six students have already volunteered to support at Holy Trinity Primary School; we all went on Wednesday after school and had an induction session where the students were shown how to help primary school students read and how to help with maths. This is only one example of the volunteering that many of our sixth form students engage in.

Despite some challenging weather we managed to assemble for our whole school photograph on Tuesday. We will let you know when these become available. The Year 7 Cross Country event also took place on Tuesday, again with a few showers!









Year 11 mocks start straight after half term. You will have been sent some information on how to support your child with revision over the half term break.

The PFA have now purchased more padlocks (which fit!) and these will be available from reception at £7.00 - cash only please.

Due to the Sith Form Open Evening on Thursday we will have a late start on Friday 18th October. The gate will be open at 9.20 and we ask that students bring a pound to donate. The school library has now closed but will re-open in a smaller but functional place after half term. Students who usually stay in the library after school will still be able to do so in the Sixth Form Study area.

-Ms T O'Brien Headteacher

Attendance Percentages

Between 02/09/24 - 08/10/24





Half Term 21st October1st November

<u>Calendar</u>

Week A

Monday 14th October

Year 11 Art Mock Year 7 Meet the Tutor- Main Hall (8:45am-15:10pm Late Detention (3.10-3.30pm)

Tuesday 15th October

Year 11 Art Mock
Late Detention (3.10-3.30pm E06)

Wednesday 16th October

Year 11 Photography Mock Extended Break Central Detention (3:10-3:40pm)

Thursday 17th October

Year 11 Photography Mock Late Detention (3.10-3.30pm E06) Sixth Form Open Evening (5-8.30pm)

Friday 18th October

Late start 9:30am Non-Uniform Day for DSMF Late Detention (3:10PM-3:30PM E06) Central Detention (3:10-4:10pm E06)

Messages from DSL

Flu Vaccinations for Years 7-11

On Thursday 28th November the Sutton Immunisation Team will be coming into school to administer the flu vaccines to help protect your child against flu. Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu.

Please use the link provided to access the electronic consent form: https://sav.hrch.nhs.uk/flu/2024/sutton

The deadline for submitting your e-consent form is Wednesday 20th November.

Non-uniform Day - Fri 18th Oct

On Friday 18th October, we will be holding a non-uniform day. We ask that students bring in a £1 donation if they wish to participate. The money raised will be donated to the Daniel Spargo-Mabbs Foundation (DSM Foundation). Students will still be required to wear their lanyards and bring their standards cards with them.

Support over the half-term break

In case you or your child need some support over the half-term break and therefore the Safeguarding team is not available, please take a look at the below. This is also on the school website - Pastoral Care home page.

If your child is feeling low or unsafe, it is important they talk to someone they trust and tell them how they are feeling. Sometimes it can be difficult for them to talk to friends and family so here are some other places they can contact instead:

School nurse duty line - 020 8770 5409 Childline - 0800 1111 Samaritans - 116 123 Hopeline - 0800 068 4141 NSPCC - 0808 800 5000

www.talkofftherecordonline.org (Talking therapy)

www.nspcc.org.uk (concerned about a friend and their safety in the home)
 www.selfharmuk.org (if someone you know / or you is concerned about self harm)
 www.youngminds.org.uk (mental health concerns of any nature)
 www.kooth.com (for anonymous emotional wellbeing support)
 www.papyrus.org (if you / or someone you care for has suicidal thoughts)

-Mrs M Sundborg Assistant Headteacher Designated Safeguarding Lead

Messages from DSL

Parent Workshop: The Teenage Brain, Exam Stress and Perfectionism

Date and time: Wed 16th Oct 2024, 18.30-20.00

Facilitator: Jenny Langley - Mental Health Trainer from The Charlie Waller Trust

Location: This is a virtual event - Zoom

The Charlie Waller Trust has been working alongside Dr John Coleman who is a leading expert in the field of teenage brain development. Jenny Langley is one of their lead trainers in this area and in this session Jenny will talk us through the latest research around the development of the teenage brain, which starts from around the age of 8 and runs through to the mid-twenties. Understanding some of these key changes can help us to see the world through the teenage lens more clearly, and therefore to come alongside our youngsters when they are struggling with pressures such as exam stress, perfectionist tendencies and other social developmental issues. The session is for all parents and carers and will include practical tips in communicating with your child in the face of difficulties.

The link is here for this online workshop:

Join Zoom Meeting

https://us02web.zoom.us/j/89579026745?pwd=B07JbQupsGQ60AL8b04jDzTyBnV3ng.1

Meeting ID: 895 7902 6745

Passcode: 155283

Parent Workshop: I Wish I Looked Like Them -Helping Teens Navigate Body Image Issues

Date and time: Fri 18th Oct 2024, 12.30-13.30

Facilitator: Dr Danielle Shbero - Clinical Psychologist from Sutton CAMHS

Location: This is a virtual event - Eventbrite

Body image issues are increasingly a challenge for many teenagers and young people. This workshop talks about our current understanding of body image issues, ideas for supporting your teen and resources for you and your teen.

To register for this online workshop please click on this link:

<u>I Wish I Looked Like Them - Helping Teens Navigate Body Image Issues Tickets, Fri 18 Oct</u> 2024 at 12:30 | Eventbrite

-Mrs M Sundborg Assistant Headteacher Designated Safeguarding Lead

Staff Announcements

This week all Year 7 students took competed in the annual Year 7 House Cross Country run. We would like to congratulate every student that took part, demonstrating great strength and resilience and finishing in record time! Congratulations to the top 8 finishers, Isla, Cecily, Tinu, Harriet, Sophia, Beth, Nikita and Chloe, who will all go on to represent the school at the Borough Cross Country event next week. The scores of each runner were combined within their houses, resulting in Athena winning the first Y7 house competition of the year!

-Miss J Lake PE Teacher

Year 7 House Cross Country Results

1st	Athena
2nd	Johnson
3rd	Pankhurst
4th	Seacole
5th	Sharman
6th	Bronte
7th	Curie



Staff Announcements

Congratulations to the following students in Years 8 and 9 (Minha, Isla, Hannah, Georgia, Aksharaa, Ana, Rae, Sarah, Aimie-Jane, Nikita, Sumayya, Saayah, Ava, Sarah, Avni, Saria, Aleena, Deanusha, Lyla-Rose, Bea, Aida, Hershanah and Yuthika) who have been selected to be PE prefects until February Half Term. We look forward to working very closely with you!

-Mrs K Wadsworth Head of PE



Staff Announcements

<u>Is University right for me?</u>

We are excited to invite you, your students and their parents to a unique and informative event hosted by the Psychology Department at Royal Holloway University of London.

Event: Is University Right for Me? Date: Thursday 17th October 2024

Time: 18:00 - 20:00

Signup Link: https://www.eventbrite.com/e/is-university-right-for-me-tickets-

<u>1014445723467?aff=oddtdtcreator</u>

Location: Royal Holloway University of London Shilling Building. For Directions, see attached map and instructions

The Psychology department at Royal Holloway recognises the intense pressure A-level students have to make important decisions at such a young age. We know that given this pressure, many will be asking themselves 'Is University right for me?'. This event is specifically designed for students aged 16-18 who are contemplating their future educational paths. Our aim is to provide a comprehensive understanding of what university life entails and to help students make informed decisions about their next steps. The event will have a focus on psychology undergraduate degrees, but we encourage all students to attend, as the advice will be transferable. Tickets are free and you can sign up following the Eventbrite link above. If you have any questions, please email Matt.Talbot@rhul.ac.uk

Highlights of the Event:

- Main Talk by Dr. Matthew Talbot: Dr. Talbot, a Forensic Psychology researcher and
 Teaching Fellow at Royal Holloway, will offer a thought-provoking presentation on the
 realities of university life. He will tackle prevalent misconceptions, explore the genuine
 nature of the university experience, and emphasize the importance of early career
 planning. Dr. Talbot will provide a nuanced perspective on how university differs from
 school and will provide an honest and reflective discussion on the pitfalls that can arise
 whilst future planning in your late teens/early 20s. Additionally, he will address when
 university might not be the best fit, helping students to make well-informed decisions
 about their future.
- Roundtable Discussion: Hear directly from current university psychology undergraduates as they share their experiences around adjusting to university life, gaining work experience and any benefits/ regrets that have arisen from their choices. This session will include an opportunity for the audience to ask questions.
- Snacks and Socialising: Join us for a relaxed socialising session after the talks, with non-alcoholic refreshments and snacks. This is a great chance for students and their families to speak informally with current students and university staff, gaining personalized advice and answers to any questions about university life.

For a map/directions please contact Ms Clayton (https://nchayton@wallingtongirls.org.uk)

Parking

Parking Please note that parents are unable to park or drive into the school grounds between the hours of 7.30 -4.30 for safeguarding reasons. Families can contact our reception to ask for permission, where the needs arises for a pupil with mobility issues.

reception@wallingtongirls.org.uk

Please also ensure that when dropping your child at school each day, you are respectful of our local residents by not blocking drives and roads or impacting others safety by parking or dropping off your child(ren) irresponsibly

Changes in contact Information

If you need to update your home address or contact telephone number, emergency contacts or any other information, please send the updates to:

KS3 and 4 - Info@wallingtongirls.org.uk
KS5 - jday@wallingtongirls.org.uk



Attendance

Requests for absence, including illness or appointments should be sent to: attendance@wallingtongirls.org.uk

Please provide at least 2 full school days notice of a planned absence for the school to complete the required processes before the event.

Absences for longer that one day need to be confirmed at least 2 weeks prior to the event. Families should note that requests for holidays during term time will not be approved and penalty fines can be issued.

To notify WHSG of a leave of absence, please complete this form and return to the email above

Punctuality

Punctuality Good punctuality to both lessons and to school is expected of all students. We know that employers place great importance on punctuality and attendance, therefore it is important for our students to understand the value of being on time.

WHSG will issue same day, 20 min detentions for students that are late into school, without a valid reason or persistent lateness to classes. Parents and students will be notified as soon as possible of the detention and the reasoning by email.

We ask that parents support these actions as important processes for the school and understand that detentions cannot be moved for any after school clubs or enrichment events. Should a detention clash with a medical appointment, evidence will be requested for the school to show flexibility.