



WALLINGTON HIGH SCHOOL FOR GIRLS

# The Wallington Week

HEIRS OF THE PAST, MAKERS OF THE FUTURE

Monday 10th March 2025

## Message from the Headteacher

On Thursday last week, all our students took part in Enrichment Activities. Half of Year 7 visited the Tate Modern, while the other half participated in a Forensic Day at school. Half of Year 8 went to Hampton Court, while the other half took part in a Maths escape room in school. Year 9 visited RHS Wisley, Year 10 watched Macbeth at the Lyric Theatre, and Year 11 watched Hamilton at the Victoria Theatre in London. Year 12 had a day of 'Healthy Mind – Healthy Body' workshops, and Year 13 had a day of 'Independent Living' workshops. Each of these events went really well, and the student feedback was very positive. We were very fortunate with the weather, and this really enhanced the outdoor activities.



## Useful Links

### Co-Curricular Activities

SOCs, the school's online system for Co-Curricular activities, will allow your child to see all available activities but also allow you to view after school registers to see if your child is attending and in school.

### Careers Noticeboard

For live updates on careers related opportunities please [click here](#).

### Current Vacancies

Click here for a link to our [vacancies page](#)

## Upcoming Events

**12th March-** Year 10 Parents' Evening

**18th & 19th March-** Gym and Dance Display

**19th March-** SEND Coffee Morning

**26th March-** Year 12 Makers of the Future Day

**Some of our linguists visited Nantes and Seville for language immersion. These trips provided a wonderful opportunity for students to practise these languages outside of the classroom. As a school, we really value language acquisition, as we know the value of acquiring a second language.**



**Thank you to those who attended the Parent Focus Group last week. Agenda topics included same-day late detentions, mental health and wellbeing reporting, and online parents' evenings. We will discuss your comments at our next Senior Leadership Meeting.**

**Our canteen renovations are ongoing, and we are on track to open our new canteen after Easter. We will have a late start to school on our return after Easter, and students are expected to arrive at school by 10:50 a.m. for tutor time on Tuesday, 22nd April.**

**Our new receptionist Dawn Davenport started with us this week.**

**Sporting news - Lucy (Yr 12) has been chosen to represent Surrey in the English Schools Cross Country Championships on March 15th – good luck Lucy!!**

**I've written a short blog for International Women's Week, take a look on LinkedIn, and I've also been accepted on the United Nations Commission on the Status of Women UK group this year.**

**Once again, I write to plead with some parents to park sensibly. I am getting increasing complaints from local residents about poor parking. I myself must move parents on who park in driveways and today one parent stopped right in the middle of the road to collect their daughter.**

**-Ms T O'Brien  
Headteacher**

# Calendar

## Week B

### Monday 10th March

- Politics Conference Y13 and some Y12 x25 students (all day in London)
- Late Detention (15:10-15:30pm)
- Senior A+B Netball vs Croydon High 3:30pm start @ Croydon High
- Yr 11 A+B Netball vs Croydon High 3:30pm start @ Croydon High
- Yr 9 House Badminton 3:15-4:15pm -

### Tuesday 11th March

- Y11 Scripted Exam for GCSE Drama (all day)
- Late Detention (14:10-14:30pm)
- Yr 7 A-D Netball vs Croydon High 3:30pm start @ Croydon High -

### Wednesday 12th March

- Y11 Scripted Exam for GCSE Drama (all day)
- Imperial College Trip x23 Year 12 (9-3pm Imperial College London)
- Central Detention (15:10-15:40pm)
- Yr 9 A+B Netball vs Nonsuch 3:30pm start @ Nonsuch
- Y10 Parents' Evening (4-7pm Online)

### Thursday 13th March

- Gym and Dance - Dance Technical Rehearsal (15:00-17:00pm Sports Hall)
- Late Detention (15:10-15:30pm)
- Yr 10 A+B Netball vs Ewell Castle 2:15pm start @ Wallington
- Workshop 16: Supporting a child with an eating problem (virtual event - Zoom 18:30-20:00pm)

### Friday 14th March

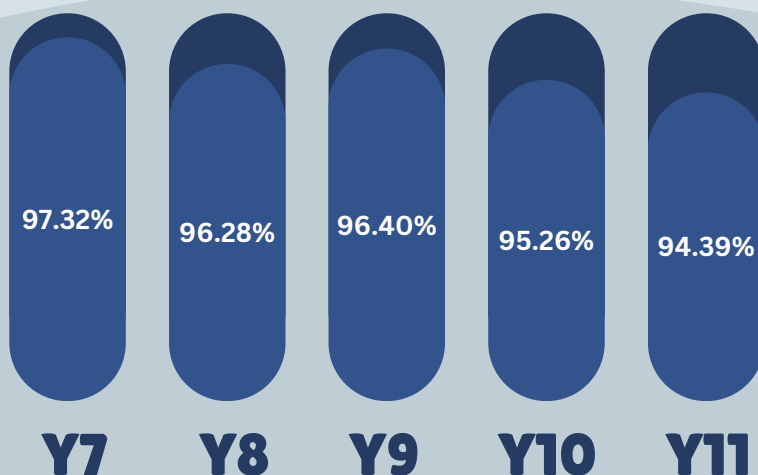
- Central Detention -(E0615:10-16:30pm)
- Late Detention- (E06 15:10-15:30pm)

## 2025 INSET Days

- Friday 21st March
- Monday 16th June
- Monday 1st & Tuesday 2nd September

## Attendance Percentages

Between 02/09/24 - 05/03/25



# DSL Messages

## Supporting children watching and browsing online

According to Ofcom, 90% of children are watching online videos and browsing the internet regularly. The e-space is filled with inappropriate content and dangerous material. It is important that parents/carers are able to steer their children towards the right places when online. Internet Matters has published a guide dedicated to supporting adults in setting digital boundaries for children, so that they can make smart choices and build healthy online habits. If interested please follow the link below:

<https://www.internetmatters.org/advice/by-activity/watching-and-browsing-online-a-parents-guide/>

## Parent Workshop: Improving Attendance

Date and time: **Wed 19th March 2025, 10.00-11.30**

Facilitator: **Mrs Bates (Director of Inclusion) and Tracy Matthews (Adapt to Learn ASD Specialist)**

Location: **This event will be held at WHSG**

Mrs Bates (Director of Inclusion) and Tracy Matthews (Adapt to Learn ASD Specialist) will be available to speak to parents of those students who have SEN. This will be an informal session where parents can ask questions, share experiences and gather ideas for supporting their child with SEN.

## Parent Workshop: Supporting a child with an eating problem

Date and time: **Thurs 13th March 2025, 18.30-20.00**

Facilitator: **Jenny Langley - Mental Health Trainer from The Charlie Waller Trust**

Location: **This is a virtual event – Zoom**

Jenny Langley is an expert mental health trainer from the Charlie Waller Trust. When her eldest son recovered from anorexia over fifteen years ago Jenny left her City job behind and has since focused her attention on raising awareness of mental health and emotional resilience of young people and has a special interest in prevention, early intervention and crisis management in the school environment. This session is aimed at providing parents and carers with the knowledge and skills to support a child with an eating problem, including what an eating problem might look like and how to spot the signs.

Meeting details below:

Join Zoom Meeting

<https://us02web.zoom.us/j/89335553694?pwd=lp3US8xGih5XY4Yxg5jBh6sPf4qXnF.1>

Meeting ID: 893 3555 3694

Passcode: 583454

# DSL Messages

## Young Carers Action Day – 12th March

Wednesday 1st March is Young Carers Action Day 2025. Following consultation with hundreds of young carers and with input from the Young Carers Advisory Panel, the Carers Trust have chosen 'Give Me A Break' as the theme for Young Carers Action 2025.

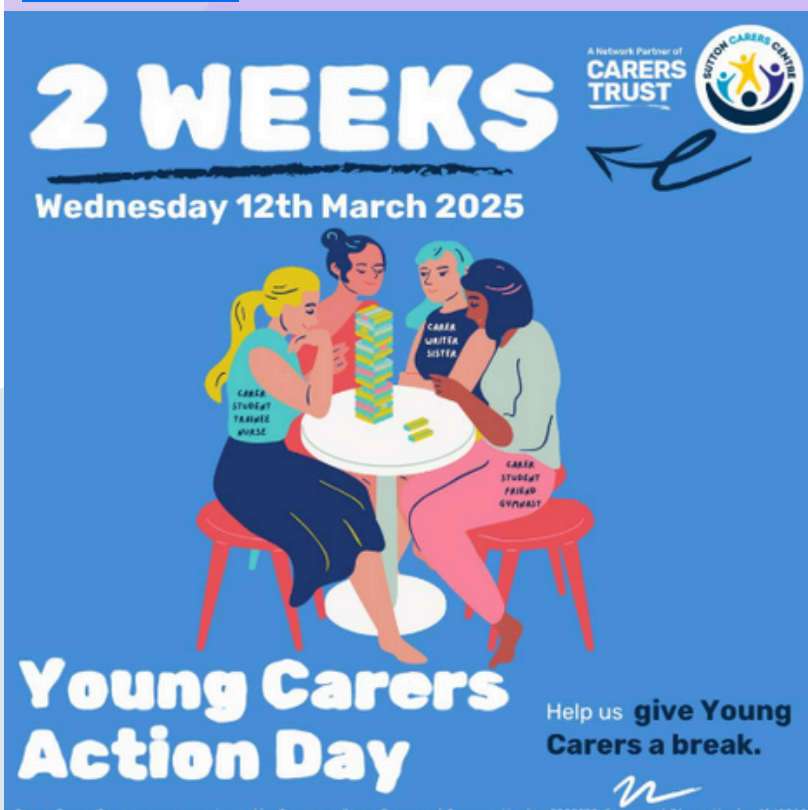
A young carer is someone 18 years old or under who helps look after a relative with a disability, illness, mental health condition, or drug or alcohol problem. This could be a parent or a sibling. Some children begin giving care from a very young age, and others become carers overnight.

The responsibility of a young carer is wide and varied. It can include:

- Practical tasks, such as cooking, housework and shopping
- Physical care, like helping someone out of bed
- Emotional support, including talking to someone who is distressed
- Personal care, such as helping someone dress
- Managing the family budget and collecting prescriptions
- Helping to give medicine
- Helping someone communicate
- Looking after brothers and sisters

If you think your child might be a Young Carer then please email Mrs Sundborg (DSL) – [msundborg@wallingtongirls.org.uk](mailto:msundborg@wallingtongirls.org.uk)

You can also access support from the Sutton Carers Centre - [YOUNG CARERS | Sutton Carers Centre](#)



The poster features a blue background with white and yellow text. At the top left, it says '2 WEEKS' in large white letters, with 'Wednesday 12th March 2025' below it. In the top right corner, there is a logo for 'A Network Partner of CARERS TRUST' and the 'SUTTON CARERS CENTRE' logo. The central illustration shows four young women sitting around a white table, building a tower of colorful blocks. They are wearing shirts with labels: 'CAREER STUDENT', 'CAREER TRAINEE', 'NURSE', 'CAREER WRITER', 'SISTER', 'CAREER STUDENT', 'FRIEND', and 'GYMNASIUM'. At the bottom left, it says 'Young Carers Action Day' in large white letters. At the bottom right, it says 'Help us give Young Carers a break.' with a signature below it.

-Mrs M Sundborg  
Assistant Headteacher  
Designated Safeguarding Lead  
and Senior Mental Health Lead

# GAMING AND GAMBLING AWARENESS AND INFORMATION SESSIONS FOR PARENTS, CARERS AND GUARDIANS



METROPOLITAN  
POLICE

Ygam are working with the Metropolitan Police to offer an online information session to help develop your understanding of gaming and gambling harms, enabling you to have open conversations with your children.

## Workshop overview:

- Gambling: exploring the influences on children and young people
- Gaming: discussing the benefits and concerns
- The blurred lines between gaming and gambling
- How to spot the signs of harm
- Useful tips to create a healthy gaming balance
- Where to get help and support
- 

WHAT  
MIGHT INFLUENCE  
A YOUNG PERSON  
TO GAMBLE?

WHAT IS  
A LOOT  
BOX?

WHY ARE  
IN-GAME ITEMS  
SO IMPORTANT  
TO YOUNG  
PEOPLE?

We also have a dedicated Parent Hub which aims to provide information and guidance to help you safeguard your children against the potential harms of gaming and gambling. Find out more here: [parents.ygam.org](https://parents.ygam.org)

Book your **FREE** place now!

**DATE:** Tuesday 6th May 2025

**TIME:** 19:00 - 20:15

**VENUE:** Online via Microsoft Teams

To register, please scan the QR Code  
or click **HERE**



# SEND



**Please join us for our free, relaxed coffee morning!**

**Venue:** Wallington High School for Girls, Main Hall

**Date:** Weds 19-March between 10-11.30am

*This is an opportunity to meet parents and carers from our community over coffee and biscuits.*

**Hosted by the SEND Team with presentations from:**

**Rachel Rebello, Educational Psychologist**

**Tracy Matthews, Autism Specialist**

**Robyn Schofield, COGNUS**

**Ciar Richardson, SIASS**

# Education Wellbeing Service Webinar

## Supporting your teen with Exam Stress in the run up to big exams

Upcoming GCSE & A level exams (as well as BTECs etc) can be a stressful time for your teenager.

This workshop talks through some of the common challenges many young people face when their stress around revising or sitting an exam becomes too much. It will also cover how, as a parent or carer, you can best support your child to manage these feelings and do their best.



### DATE / TIME

Monday 17th March

12:30-1:30pm OR 7-8pm

### LOCATION

Online - Hosted on Teams

Sign up to this event for free on Eventbrite (and check out our others!) by scanning the QR Code or following the link below:

[CLICK HERE to book](#)



wellbeinginschoolsevents@swlstg.nhs.uk



## Attendance

Requests for absence, including illness or appointments should be sent to:

[attendance@wallingtongirls.org.uk](mailto:attendance@wallingtongirls.org.uk)

Please provide at least 2 full school days notice of a planned absence for the school to complete the required processes before the event.

Absences for longer than one day need to be confirmed at least 2 weeks prior to the event. Families should note that requests for holidays during term time will not be approved and penalty fines can be issued.

To notify WHSG of a leave of absence, please complete this form and return to the email above

## Contact Information and emails

If you need to update your home address or contact telephone number, emergency contacts or any other information, please send the updates to:

KS3 and 4 –

[mandrews@wallingtongirls.org.uk](mailto:mandrews@wallingtongirls.org.uk)

KS5 –

[jday@wallingtongirls.org.uk](mailto:jday@wallingtongirls.org.uk)

When replying to any SchoolComms emails, please use the individual contact email provided and for general enquiries use

[info@wallingtongirls.org.uk](mailto:info@wallingtongirls.org.uk)



## Parking

**Parking** Please note that parents are unable to park or drive into the school grounds between the hours of 7.30am-4.30pm for safeguarding reasons.

Families can contact our reception to ask for permission, where the need arises for a pupil with mobility issues.

[reception@wallingtongirls.org.uk](mailto:reception@wallingtongirls.org.uk)

Please also ensure that when dropping your child at school each day, you are respectful of our local residents by not blocking drives and roads or impacting others' safety by parking or dropping off your child(ren) irresponsibly.

## Punctuality

**Punctuality** Good punctuality to both lessons and to school is expected of all students. We know that employers place great importance on punctuality and attendance, therefore it is important for our students to understand the value of being on time.

WHSG will issue same day, 20 min detentions for students that are late into school, without a valid reason or persistent lateness to classes. Parents and students will be notified as soon as possible of the detention and the reasoning by email.

We ask that parents support these actions as important processes for the school and understand that detentions cannot be moved for any after school clubs or enrichment events. Should a detention clash with a medical appointment, evidence will be requested for the school to show flexibility.